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**Layton mum on name change ahead of weekend**



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THURSDAY, AUGUST 13, 2009

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**Looking to stay very Sharpe**

## NDP construction rebate to launch

**HOMES** The NDP opened up their new home construction rebate program to the public yesterday.

An NDP promise during the election, the program will provide as many as 1,500 people up to 50 per cent of the provincial part of the HST — to a maximum of \$7,000.

Premier Darrell Dexter said the aim of the rebate is to boost the home building industry and help keep skilled trade workers in the province.

People with homes started since Jan. 1 can apply. This sparked criticism from the provincial Tories, who said the deadline stretches too far back.

In a press release PC Leader Karen Casey said the rebate strayed from its original intention and now "functions more as a reward for those who have already begun the construction process and less of an incentive for new home starts."

But the NDP said the cutoff was picked because it was the fairest starting date.

METRO HALIFAX

## International Busker Festival

## Balancing act



Members of the Calypso Tumblers perform along the Halifax waterfront yesterday. The Halifax International Busker Festival 2009 will wrap up this Sunday.

## Man enters hospital, threatens to set fire to himself

PAUL MCLEOD  
paul.mcleod@metronews.ca

**INCIDENT** Part of a Halifax hospital was evacuated yesterday when a man doused in gasoline wearing a vest of pennies and holding a lighter in each hand walked into the reception area.

The 29-year-old arrived at about 2 p.m. at the Centennial building of the QEII also carrying a container of what is believed to be gasoline and wearing a dust mask.

He handed the receptionist a note that said he was threatening to harm himself.

The receptionist called security, which called police and firefighters.

As the area was evacuated, some medical staff members nearby approached the man to try to calm him.

In the end police arrested the man without incident. No one was hurt and the man was taken to the emergency room for treatment.

Police do not anticipate charges.

"At the end of the day obviously this guy is suffering some issues," said police spokesman Const. Brian Palmeter.

"Generally in a case like this the concern is for the person's wellbeing. Our concern right now is getting him the proper medical care that he needs."

Palmeter and witnesses said the man was wearing a home-made vest of pennies and adhesive, apparently in anticipation of police arriving and attempting to intervene.

The reception area and nearby offices were evacuated for a total of about two hours.

Firefighters checked every floor of the building and then cleared them as safe.

## Food pg 11



## New burger a great catch

## World pg 6

## Iran denies rape claims

## Music pg 14



## Dan Mangan nice, very nice

# Paddling potential

National canoe-kayak team gunning to be tops in the world

MATTHEW WUEST  
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**With Lake Banook as its backdrop, Canada's sprint canoe-kayak team is hoping for a historic weekend.**

Canada, represented by its largest team ever at the world championships starting today in Dartmouth, is gunning for a top-three finish in the overall team point standings and is quietly hoping to knock off either Hungary or Germany, traditionally the powerhouse nations at this event.

"One of our goals is some day to be the top (canoe-kayak) nation in the world," said national team head coach Graham Barton. "This is one of our op-

## World Canoe-Kayak Championships

- WHERE: Lake Banook.
- WHEN: Today through Sunday.
- WHO: 1,000 participants from more than 70 countries.
- ECONOMIC IMPACT: Estimated \$10 million.

• DID YOU KNOW? More than \$2 million has been invested in renovations to the course and lakefront.

METRO HALIFAX

portunities to take that step."

Canada's record 42 athletes are among the 1,000 participants from more than 70 countries on Lake Banook this weekend. It will mark the first time Canada has an athlete entered in every event. Traditionally, financial concerns and a focus on the Olympics mean smaller teams are sent to worlds.

While Hungary and Germany are usually the top

two nations, Canada battles it out with countries such as Poland, Russia and Spain for the final spot on the podium.

At worlds, Canada often finds itself in the fifth- and sixth-place range, while it placed third at the Athens Olympics in 2004 and fourth at the Beijing Games last summer.

"Our team is strong throughout," said Halifax canoeist Richard Dalton. "We're going to have

chances to be in the top-five or on the podium in a lot of different events.

"Our team is extremely strong and we're well able to go out and compete with those big countries."

Worlds were also held on Lake Banook in 1997 and they will bring plenty of excitement to Dartmouth before their conclusion on Sunday. Virtually every member of the Canadian team has family and friends in town to cheer them on — and that's especially true for the 11 athletes from Nova Scotia.

"Being at home has given us an extra level of comfort and confidence," the 30-year-old Dalton said. "Everyone's in peak shape and we're ready to go for it."



The Canadian Union of Public Employees issued a news release yesterday stating hospital contract talks between the province and about 3,500 hospital workers outside the Capital District Health Authority have broken off. To end the impasse, CUPE is asking for a conciliation officer to be appointed. **METRO HALIFAX**

# Local



## Start worrying

Greenpeace Canada is launching a new ad campaign in Halifax that spoofs the controversial atheist bus ad campaign. The bus campaign reads, "There's probably no God. Now stop worrying and enjoy your life." The Greenpeace ad will read, "There's probably no cod," and is meant to warn people about Atlantic cod and the fact it's heading towards commercial extinction because of overfishing, the group proclaims. **METRO HALIFAX**



## Parking at beach will cost you

**SIGNAGE** Please obey or you could pay.

That's the message from Halifax RCMP, which issued a release yesterday asking the public to obey the no-parking signs at local beaches. With sunny weather and warm temperatures forecast through Sunday, police expect beaches to be busy the next several days.

Police said in the release no-parking signs are in place so emergency vehicles can get through. It said parking there "may hinder or even stop emergency vehicles from reaching their destination."

No-parking violations can result in a ticket or having your vehicle towed. **METRO HALIFAX**

# No contact for accused couple

Judge's order common with multiple people charged in same crime

**PAUL MCLEOD**  
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**The couple charged with aggravated assault in the death of their infant daughter yesterday not to have any contact with each other.**

Ashique Rahman and Jane Gomes, both 23, once again chose to stay in holding cells at their second court appearance since their seven-week-old baby girl died on July 27, three days after being taken to the IWK Health Centre with life-threatening injuries.

Their lawyers spoke on their behalfs at Halifax provincial court.

Their case has been delayed again until Sept. 2 as the two accused continue to seek legal advice. In the meantime they will remain in jail.

Orders of no contact are common in situations where multiple people are charged with the same crime.



Jane Gomes is brought to a van outside the Halifax provincial courthouse in this file photo from last month. Gomes and Ashique Rahman are charged with aggravated assault in the death of their daughter Aurora Breakthrough. The seven-week-old baby died at the IWK last month after spending several days in critical condition. **INSET:** Ashique Rahman is escorted out of Halifax provincial court in this file photo from last month.

"The reason is so that the persons don't have an opportunity to speak to one another and in any way hamper the prosecution of the matter or the investigation," said Crown prosecutor Denise Smith after yesterday's court proceedings.

Both accused consented to being remanded to jail, though they could make a bail application next month.

Legal aid lawyers John Black and Lyle Elkins are representing Rahman and Gomes respectively until

they retain permanent defence lawyers.

The charges have not been upgraded from aggravated assault since the child's death. Smith said the investigation is ongoing and the charges will not be altered until it concludes.

Rahman and Gomes were from Bangladesh and staying in Canada on student visas. Both had studied computer science at Acadia University in Wolfville before moving to Halifax.

The couple was living above the Good Food Emporium on Gottingen Street when they called 9-1-1 the night of July 24 reporting their baby was seriously injured.

They were arrested and charged the next day with aggravated assault.

The child died three days later.

When asked by reporters yesterday if there were any new developments in the investigation, Smith replied, "Nothing I can tell you."

## Five face kidnapping, robbery charges

**PHILIP CROUCHER**  
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Charges have been laid against the four adult males and one male youth arrested Tuesday by Halifax RCMP in relation to an armed masked robbery at the Beazley Bowling Alley in Cole Harbour in May.

Police say the five are each charged with conspiracy to commit robbery, conspiracy to kidnap, robbery with a firearm, kidnapping using a firearm and additional charges associated with the offence.

Halifax RCMP first reported that four bandana-clad men — which now could be five — fol-

lowed a 19-year-old female employee and her friend to Porters Lake after she closed for the night at the alley just after midnight.

The men then allegedly jumped out of their car and forced the two girls to drive back to the bowling alley and turn off the security alarm.

The men allegedly placed the girls' heads in bags and held guns to their heads while discussing shooting them,

Beazley owner Al Peters told Metro after the incident happened.

An undisclosed amount of money was stolen from the alley.

After the robbery, police allege the men drove the victims to Montague Gold Mines and left them in their vehicle.

"We believe all of them (took part) in kidnapping and abduction," said Halifax RCMP spokesman Cpl. Joe Taplin.

"It was quite a bit of in-

vestigating that put all the pieces of the puzzle together."

Dennis Downey, 18, of Dartmouth and Rodan Downey, 31, Narico Downey, 21, and Coulton Downey, 20, all of North Preston, appeared yesterday at Dartmouth provincial court in relation to this incident.

Taplin said the four men are cousins and have all been released on conditions until their next court appearance on Oct. 7.

The 17-year-old male, who can't be identified, also appeared yesterday in Nova Scotia provincial youth court and will remain in custody until his next court appearance.

## Surprise weekend opening for Macdonald bridge

**ROAD WORK** The Angus L. Macdonald Bridge will be open this weekend.

With the bridge undergoing resurfacing work this summer, the weekend closures were planned throughout the summer except during the Tall Ships Festival in July and Natal Day weekend.

But Halifax Harbour Bridges spokeswoman Michelle Hynes-Dawson said yesterday things are on track for the work to be done by Labour Day weekend, allowing the bridge to be open this weekend.

It's expected to be closed again the weekend of Aug. 21 to 23.

Besides weekend closures this summer because of the resurfacing, there have also been lane closures on weekday evenings from 7 p.m. to 5:30 a.m. **METRO HALIFAX**

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What's online today.

**Blogs** The 100-Day Raw Food Challenge goes into its final month with a recipe for Tuna Tartare.

**Video** Canada's health minister blasts opposition for playing politics with H1N1 virus at metronews.ca/canada



### Lotteries

Lotto 6/49: 7, 10, 31, 32, 42 & 47 Bonus 30  
These results are not official.

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### News in brief

**BLAZE** Police and fire officials are investigating yet another suspicious fire in Glace Bay. Bernie Bennett, deputy fire chief of the Glace Bay Volunteer Fire Department,

said a fire broke out in a two-story home at 7 Gordon St. at about 2 a.m. yesterday. Bennett said the house was in flames when they arrived at the scene. He said apparently

the homeowners were at their summer bungalow at the time. "There was substantial damage to the house, a lot of smoke and heat damage," he said. The fire was deemed sus-

picious in nature and turned over to the Cape Breton Regional Police Service, which is investigating several suspicious fires in the area of late.

**CAPE BRETON POST**



## Coastal habitat purchased for protection

The Nature Conservancy of Canada announced yesterday the protection of coastal habitat at Port Joli, Queens County, located 170 kilometres from Halifax. Through federal support and fundraising, the 341 acres purchased is unspoiled development with sandy beaches and wildlife habitat. **METRO HALIFAX**

local 3

# Soul searching anticipated

## Layton mum on possible NDP name change ahead of convention

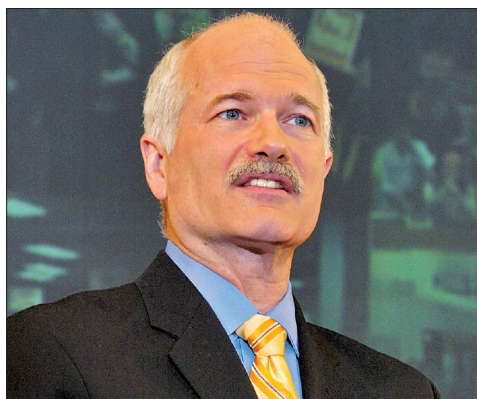
PHILIP CROUCHER  
philip.croucher@metronews.ca

Jack Layton could be facing a divided party for this weekend's federal NDP convention in Halifax — and it might not have to do with any specific policy initiative.

A debate over whether to rename the party by dropping the "New" from the New Democratic Party will be a hot-button issue at the convention, which runs tomorrow through Sunday at the Metro Centre.

Layton told Metro Halifax yesterday he isn't taking a stance either way.

"This is the kind of thing that is up to our delegates to decide," said Layton, refusing to budge either way when pressed on the matter.



Jack Layton's NDP could leave Halifax as the DP — for Democratic Party — after a national convention at the Metro Centre this week.

"We have our policy conventions and discussions of strategy, and I don't want to pre-empt an open discussion on these topics," he

said. Whether the party leaves Halifax named NDP or DP — for Democratic Party — Layton said he feels his par-

**"(The name change) is the kind of thing that is up to our delegates to decide."**

Jack Layton, NDP

ty is going into the convention strong. Some, however, question whether the party has made the gains it should have of late, particularly in last fall's election.

It has led to talk that the NDP could be taking several new policy directions this weekend.

"I think people are warming up everywhere (to us)," said Layton, referring to the fact that there are now two provinces with NDP governments — Nova Scotia and Manitoba — and that they have MPs in eight of 10 provinces.

## Doctor expected Hyde to get psychiatric exam, inquiry hears

HILARY BEAUMONT  
for Metro Halifax



**EVALUATION** The doctor who cleared Howard Hyde from hospital never would have done so if she'd known Hyde wasn't going to get psychiatric help, she testified yesterday at the inquiry into the man's death.

Dr. Janet MacIntyre took full responsibility for discharging the mentally ill man without a psychiatric assessment hours after he had been repeatedly Tasered by police. But she said Const. John Haislip of Halifax Regional Police told her, on advice from a superior, that Hyde would likely see a psychiatrist after his arraignment that morning.

"My understanding was he would go to court, see a judge, (and) a forensic psychiatric assessment would be ordered," she said.

As a "safety net," she wrote on Hyde's medical record he should be brought back to hospital if he was not going to see a

psychiatrist. Haislip gave her the impression that police would carry out her order, she said.

Hyde, 45, who was off his medication for schizophrenia, was never sent for assessment. Instead he went to a Burnside jail, where he died shortly thereafter in a struggle with guards.

The court was told police didn't have the authority to return Hyde to hospital, but MacIntyre said she expected Haislip to tell her if that was the case. If she had known there was a chance Hyde wouldn't receive psychiatric care, MacIntyre said she would

have kept him in hospital. MacIntyre agreed with fellow emergency room doctor Stephen Curry, who testified Tuesday that the system failed Howard Hyde.

Carol Tooton spoke at the inquiry on behalf of the Canadian Mental Health Association yesterday. During the morning break, Tooton said Hyde should have stayed at the hospital "until his physical and mental health was fully evaluated."



Howard Hyde

### News in brief

**ARRESTS** RCMP in Enfield have arrested three suspects after an armed robbery at the Milford Esso station on Satur-

day. A lone female carrying a knife entered the gas station with her face concealed and demanded cash from the clerk.

RCMP officers later located and arrested the suspect and two alleged accomplices. Samantha Goo Goo, 20, Deveron Paul,

22, and Cynthia Fleming, 19, all from Indian Brook, face charges in connection with the robbery. **METRO HALIFAX**



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The Port of Halifax announced yesterday the KKYH Alliance is starting direct container shipping service between ports in Vietnam and Halifax Aug. 19. Ho Chi Minh City is the newest addition to the AWE-4 service that sees direct port calls at Singapore, Shekou, Hong Kong and Yantian. **METRO HALIFAX**

# Terry Fox cancer runs cancelled

## New Glasgow and Trenton left without organizer for 2009 fundraising events

**The Terry Fox Run has been cancelled in New Glasgow and Trenton.**

Although there will be six Terry Fox runs in Pictou County this year — mostly in smaller communities —

no one stepped forward to organize the Sept. 13 events in the region's biggest centres.

According to Barbara Fickes, the provincial director of the Terry Fox or-

ganization, the number of runs they have each year varies slightly, but there are typically 85 organized events in Nova Scotia annually.

But, she says, there's a

shift in leadership every so often that leaves a community without an organizer.

"Some of our organizers are getting older and want to retire, or maybe someone moves away," Fickes

said. That's what's happened in New Glasgow and Trenton.

"We'd really like to have a nice community run to cover New Glasgow, Westville and Trenton; it's just a

matter of getting someone to organize it," she said. "Lots of people support it, we just need to contact that right person to get it off the ground on that day."

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## Decades-old missing persons case still open

**SEARCH** Halifax Regional Police are continuing to investigate the disappearance of Kimberly McAndrew, who went missing 20 years ago.

McAndrew was last seen at age 19 at the Gardenia Flower Shop in Dartmouth's Penhorn Mall, where she bought a balloon and a rose. At the time of her disappearance, she was wearing navy ankle-length cotton pants, a white short-sleeved Esprit T-shirt, a navy cardigan and green slip-on loafers.

Anyone with info can call Crime Stoppers at 1-800-222-8477.

**METRO HALIFAX**

### Last seen

- McAndrew was last seen at age 19 at the Gardenia Flower Shop in Dartmouth's Penhorn Mall.

### News in brief

**GYM** The Nubody's chain of fitness centres has been sold. Dartmouth owners Dean Hartman and Tanya Matthews announced yesterday they had sold the chain to national gym chain GoodLife as of Aug. 31. Nubody's was first opened in Dartmouth in 1983 and has grown to 23 clubs across three provinces with 750 staff and 50,000 members. GoodLife is the largest fitness club company in Canada with close to 200 locations. Memberships, rates and club privileges for members will not be changed.

**METRO HALIFAX**





**Two boys critical after being hit by lightning**

Two boys aged four and five are in critical condition and a mother is in stable condition after they were struck by lightning in Brampton, Ont., yesterday afternoon. **TORSTAR NEWS SERVICE**

**5**

# Canada

## Passport case draws ire from opposition

Tories under fire after Canadian detained

**The federal government was accused of racism and abandoning its citizens yesterday when it emerged that officials had falsely accused a Canadian woman in Kenya of being an impostor, an act that led to her arrest.**

Critics blasted the Conservative government with unusual ferocity over the bizarre case, which could damage the ruling party's efforts to capture more votes from influential ethnic communities at the next election.

The story started in May when a passport officer at Nairobi airport refused to let Suaad Hagi Mohamud board a plane on the grounds that she did not look enough like her passport photo.

**"Something is fundamentally wrong when we can't count on the Canadian government to stand up for Canadians."**

Ontario Premier Dalton McGuinty

For reasons that are still unclear, the Canadian embassy annulled her passport and then told Kenyan authorities she was an impostor. Mohamud, 31, who spent a week in jail, took two months before she could persuade Ottawa to agree to a DNA test that proved her identity.

Mohamud is from ethnically diverse Toronto, a key electoral battleground.

"Something is fundamentally wrong when we can't count on the Canadian government to stand up for Canadians. I'm not sure I

can put it any more directly than that," Ontario Premier Dalton McGuinty told reporters yesterday.

Critics noted that Mohamud was the latest in a line of foreign-born Canadian citizens who have run into trouble abroad and then found it hard to gain Ottawa's attention and help.

Canadian government ministers have been silent about what happened, despite the increasing uproar. The Foreign Ministry said officials were working to help Mohamud return to Canada. **REUTERS**

### News in brief

**FLU** The federal government is targeting small and medium businesses with a nearly \$1-million program for pandemic planning for influenza A (H1N1), also known as swine flu. Health Minister Leona Aglukkaq announced in Ottawa yesterday the federal government would provide \$926,000 in funding to help small and medium businesses develop a plan in the event of labour shortages due to a pandemic during this flu season.

**POLITICS** The separatist Bloc Quebecois party, which holds the balance of power in Parliament, indicated yesterday it could back a bid to bring down the minority Conservative government. The main opposition Liberal party says it is ready to introduce a non-confidence motion late next month on the grounds that the government is not doing enough to help those who have lost their jobs in the economic crisis.

**SUBS** The Department of National Defence has sent a surveillance plane to waters off Canada's East Coast to monitor a pair of Russian submarines in the area, CBC News Online reports. The attack subs were first spotted on Aug. 5 in international waters off Georgia, according to officials. The boats' presence was leaked to the New York Times by anonymous security analysts. **METRO NEWS SERVICES**

### Beijing Flaherty urges caution

#### The Canadian Financial Forum Le Forum Financier Canadien

2009年8月12日



Finance Minister Jim Flaherty, centre, during a news conference at the Canadian Financial Forum in Beijing yesterday. Flaherty said discussion on exit strategies or currency rates should wait until the global economy was back on its feet.

## UN urges Canada to lift visa restrictions


**REFUGEES** The United Nations refugee agency is urging Ottawa not to use visa restrictions as a way of reducing the number of asylum seekers, after Canada imposed travellers' visas on visitors from Mexico and the Czech Republic.

"What is important is that the issue of access to protection for those fleeing persecution is given due regard and attention,"

Abraham Abraham, the UN High Commissioner for Refugees' representative in Canada, said yesterday.

The 1951 UN refugee convention, to which Canada is a signatory, assures "access to territory" for individuals with justified needs for safety and security, the agency said in response to Ottawa's move. **TORSTAR NEWS SERVICE**

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Police have arrested one man in connection with the theft of \$73 million US worth of jewelry, considered one of the biggest heists in British history. The suspect is not one of the two men caught on a security camera. The 50-year-old man has been released on bail. **REUTERS**

# World



## Church voices 'mortification' over scandal

Italy's Catholic church feels "unease" and "mortification" at revelations surrounding Prime Minister Silvio Berlusconi, the newspaper of the Italian Bishops' Conference wrote yesterday. The scandal over his private life erupted in May, when his wife announced she wanted a divorce, accusing him of "frequenting minors." Attention focused first on Berlusconi's relationship with 18-year-old model Noemi Letizia, left, to whom he gave a \$8,500 US necklace, before other women claimed to have been paid to attend his extravagant parties. One of them, Patrizia D'Addario, claimed she slept with Berlusconi. **REUTERS**

## Reporters pulled from Chechnya

**MURDERS** Russia's opposition Novaya Gazeta newspaper said yesterday it would pull its journalists out of Chechnya after a human rights activist and her husband were killed as part of a string of killings there.

In October 2006, the paper's investigative reporter Anna Politkovskaya, known for her criticism of pro-Moscow Chechen leader Ramzan Kadyrov and the Kremlin, was shot dead near her apartment in Moscow. In the latest killings in the troubled Muslim republic, Zarema Sadulayeva, the kidnapped head of a children's charity, and her husband were found murdered in the trunk of a car on Tuesday. The attack came a month after leading Chechen rights activist Natalia Estemirova was kidnapped and murdered. **REUTERS**

## Iran rejects claims of rape

The speaker of Iran's parliament yesterday rejected as "baseless" an opposition leader's accusation that moderates had been raped in jail following their detention in unrest linked to June's disputed presidential poll.

"Based on parliament's investigations, detainees have not been raped or sexually abused in Iran's Kahrizak and Evin prisons," Iran state television quoted Ali Larijani as saying.

Defeated moderate candidate Mehdi Karubi said some protesters, both men and women, had been raped in prison.

Many of the post-election detainees were held in south Tehran's Kahrizak prison, built to house peo-

ple breaching vice laws. At least three people died in custody there.

Rights group Amnesty International urged Iran to allow international observers to monitor the trials of more than 100 people accused of involvement in the protests that followed the election.

Washington, its European allies and leading Iranian reformers have rejected the mass trials as a "show."

State radio said 215 of Iran's 290 lawmakers urged Ahmadinejad to reconsider ties with the United States, France and Britain for their "interference" in Iran's state matters. **REUTERS**

## California Fight continues



A gay couple hug in West Hollywood. A California gay rights advocacy group said yesterday that it needed three years to build a coalition to repeal the ban on same-sex marriage in the state, creating a rift in the movement with those who want to go back to the polls next year while anger is fresh.

## U.S., Afghans launch offensive

**HELMAND** Some 400 U.S. Marines and 100 Afghan army soldiers staged a helicopter assault yesterday in the mountains of Helmand province in Afghanistan, part of an effort to secure

Taliban-held areas before Aug. 20 elections. The fighting coincided with the wounding of two journalists in a roadside bombing late Tuesday near Kandahar. **REUTERS**

## News in brief

**STORM** A tropical depression, located about 1,000 kilometres west of the Cape Verde Islands, could strengthen into the season's first Atlantic tropical storm, Ana, today, but would likely not strengthen further over the next five days, the U.S. National Hurricane Center said.

**TAXES** UBS AG and the U.S. and Swiss governments have agreed to settle a dispute over whether the Swiss bank should be forced to disclose the names of 52,000 American clients suspected of tax evasion. Lawyers involved in the case say the settlement could involve the disclosure to authorities of up to 10,000 names of clients suspected of using accounts to evade taxes.

**INDIA** Excessive irrigation and demand from millions of people are causing groundwater levels in northern India to drop dramatically, a problem that could lead to severe water shortages, according to a study released yesterday. **REUTERS**

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## Comment

## Saluting gay boyfriends

## Relating

**Sofi Papamarko**

metronews.ca/papamarko

have a lot of gay male friends. I'm not exactly sure how I became such a fruit fly, but it probably has to do with the fact that I enjoy being around brilliant, interesting, quirky and hilarious people. And there happen to be an inordinate number of gay men who fit the bill.

When a gay male in your life transcends the confines of ordinary friendship, they become something known as The Gay Boyfriend.

I am lucky enough to have three.

I met Ben in university.

He taught me about wine and men and crème brûlée and The Pet Shop Boys. Ben has the body of a Russian gymnast, but the eyes and smile of a mischievous child on Christmas morning.

He recently moved to Montreal, for work and for love. My life will be decidedly less colourful without him around.

I met Tony during grad school. He's smart, fun and absurdly well read. We share a fascination with French culture and a top-secret love of Evita. He is my karaoke life partner (nobody does Summer Nights like we do Summer Nights). With his artfully mussed hair and routine self-deprecation,

Tony reminds me of an anime hero who hasn't yet realized his superpower.

Last but not least is Phil, my work spouse. He makes me laugh until I cry on a regular basis and transforms the daily grind into a delight. He has a French bulldog named Francine. He sings soaring solos in a gospel choir. He has a laugh unlike any you have ever heard. He is one of the best dudes I know.

There are several things that Gay Boyfriends offer that The Boyfriend and/or The Straight Male Platonic Friend often cannot:

1. They find sports boring and would never force you to watch a game.

2. They are more emotional and intuitive than most straight men, so they do not judge you for your occasional "girl moments."

3. They revere Madonna as a demigod (The Gay Boyfriend downloaded her new single Celebration eons before you did. For the record.)

4. They find levity and hope in the most depressing of scenarios.

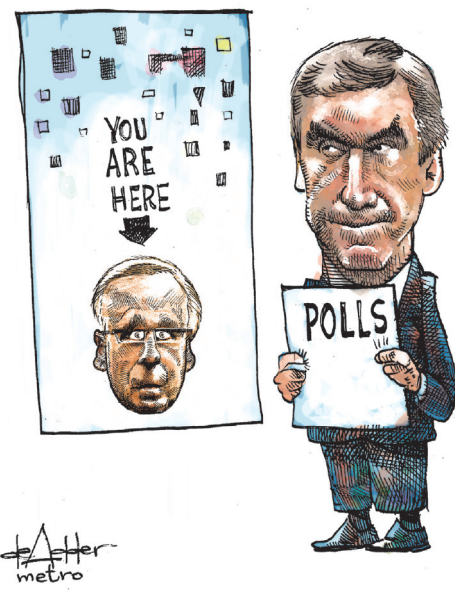
5. When they pour you a drink, there is no ulterior motive.

6. They have neat shoes. Gay Boyfriends everywhere, consider this your valentine. Bless your brave, brash, jovial, generous, vibrant, filthy, fierce and utterly fabulous hearts.

You are adored.  
Cue Celebration.

Sofi Papamarko is a 20-something writer based in Toronto. Her heroes include Desmond Morris and Nancy Sinatra.

**"When a gay male in your life transcends the confines of ordinary friendship, they become something known as The Gay Boyfriend."**



## Worth mentioning

## Russia's vodka love-hate relationship continues

Russian President Dmitry Medvedev called time on the country's vodka tipplers yesterday, saying alcoholism had become a "national disaster."

Medvedev said measures aimed at reducing binge drinking had not reduced alcoholism in Russia, where downing vast amounts of vodka at one sitting is an integral part of national culture.

"If I speak openly, I think that one cannot speak of any change, nothing has changed," Medvedev told a meeting of senior officials in the Black Sea resort of Sochi, according to a copy of his remarks supplied by the Kremlin.

"Alcoholism in our country is a national disaster."

Medvedev said he was shocked by official data showing the average Russian

drank 18 litres (38 pints) of pure alcohol each year.

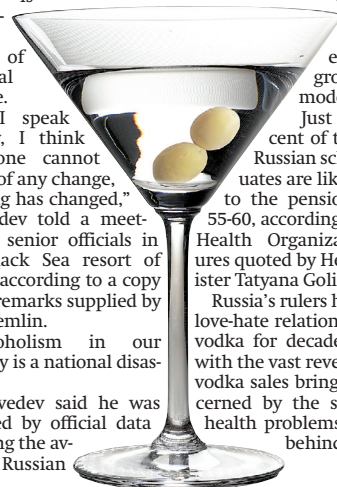
"When you convert that into vodka bottles, it is simply mind-boggling," Medvedev said.

Doctors believe alcohol-related diseases cause around half of all deaths of Russians between the ages of 15 and 54, a key factor in dire demographic forecasts used in long-term economic growth models.

Just 40 per cent of this year's Russian school graduates are likely to live to the pension age of 55-60, according to World Health Organization figures quoted by Health Minister Tatyana Golikova.

Russia's rulers have had a love-hate relationship with vodka for decades: Happy with the vast revenues that vodka sales bring, but concerned by the social and health problems it leaves behind.

REUTERS



## Views

## Lashing out at Sudanese 'fashion police'

## GlobalView

**Mona Eltahawy**

metronews.ca/globalview

What would you do if you were out with friends at a coffee shop, the police arrived and arrested you all for being "indecently dressed" — you're wearing trousers — and decided your punishment was a public flogging: 40 lashes each?

Sudanese journalist Lubna Hussein went head-to-head with her country's outrageous "dress code" law in style. She insisted on a trial (10 of the women arrested with her accepted a fine and flogging), showed up in the Khartoum court wearing the very same trousers that got her arrested in the first place and — the cherry on

the cake — she sent out 500 invitations to journalists and activists to come and watch.

Dozens of women, many in trousers, and several men turned out to support Hussein and were promptly tear-gassed and beaten by police. Any doubt on how far Hussein has upended the system in Sudan was laid to rest when the Sudanese regime barred her from travelling to Lebanon earlier this week to give a television interview on her trial.

Hussein's trial resumes Sept. 7.

For years the Sudanese regime had played a cheap game of flaunting its "Islamic principles" over the bodies of women. It has flogged

thousands of both Muslim women and non-Muslim southern Sudanese women for supposedly violating Islamic principles.

Many silently endured the misogyny and injustice; they were poor, socially vulnerable or ashamed. But Hussein has brilliantly used her position and clout to fight back. She is a journalist who knows all about shaping the narrative. She was also a press officer for the United Nations, a position that could have earned her immunity from charges and a flogging, but she chose to resign and fight instead.

And most importantly she is a Muslim woman who knows that a flogging for wearing trousers is sheer and utter nonsense ...

**"And most importantly she is a Muslim woman who knows that a flogging for wearing trousers is sheer and utter nonsense ..."**

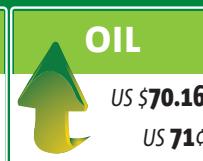
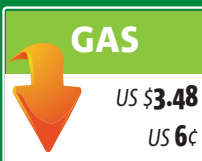
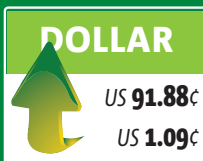
Tell us your views by email to [halifaxletters@metronews.ca](mailto:halifaxletters@metronews.ca) or comment on [metronews.ca](http://metronews.ca) or on Twitter @metrohalifax

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.



A merger between Bell and Telus is looking "very likely" within the next two years, according to a report from RBC Capital Markets, CBC News Online reports. The impending launch of new cellphone companies, customers ditching their landlines, and saturation of Internet and television services are eroding growth opportunities for both companies. **METRO NEWS SERVICES**

# Business



EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## Business in brief

**DEFICIT** Canada's trade deficit came in at a much smaller than expected \$55 million in June, but analysts said the shrinkage reflected increased energy exports and that underlying

trade weakness persisted and will eat into second-quarter gross domestic product figures. Market operators had on average predicted Canada would run a trade deficit of

\$800 million in June after the \$1.1 billion recorded in May. **MACHINERY** Finning International, the world's largest Caterpillar equipment dealer, said yesterday its quarterly

profit fell 29 per cent as the weak economy sapped demand. It said its second-quarter net income was \$47.8 million, compared with \$67.2 million a year earlier. **REUTERS**

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## Microsoft, Nokia gang up on RIM

**Microsoft Corp. and Nokia announced an alliance yesterday to bring business software to smartphones to counter the dominance of Research In Motion Ltd.'s BlackBerry.**

The alliance between the world's largest software company and cellphone maker means the latest versions of Microsoft's Office applications, including Word, Excel, PowerPoint and messaging, will be available on a range of Nokia handheld devices, which make up 45 per cent of the smartphone market.

The companies, at one time fierce rivals in the mobile telecommunications business, expect to

### Competition

- The alliance also aims to counter Google's recent move into free online software, aimed at Microsoft's business customers, and the growing popularity of Apple's iPhone device.

offer Nokia phones running Office sometime next year.

"This is giving some of our competitors — let's spell it out, RIM — a run for their money," said Nokia executive vice-president Robert Andersson. "I don't think BlackBerry has seen the kind of competition we can provide them now." **REUTERS**

## Market rebound lifts CPP assets

**PENSIONS** Canada Pension Plan Investment Board said yesterday the value of its assets under management rose 10.5 per cent in its first quarter, reversing big losses in 2009, as global markets rebounded.

The CPP board, which manages Canada's nation-

al pension fund, said it had assets of \$116.6 billion at June 30, the end of the first quarter of its fiscal 2010. That's up from \$105.5 billion at its 2009 yearend in March and a sharp reversal of the 14 per cent loss in asset values in fiscal 2009. **REUTERS**

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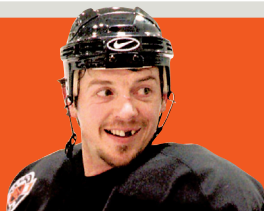
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**Kane to appear before grand jury**

The clash with a cabbie that landed Chicago Blackhawks forward Patrick Kane behind bars in his hometown of Buffalo is going before a grand jury tomorrow. The panel can then decide to bring charges or drop the case. **METRO NEWS SERVICES**

# Sports



## Fleury attempts comeback

Theoren Fleury, left, is reportedly ready to resume his NHL career. TSN has reported on its website that Fleury will attempt a comeback at the age of 41. The native of Oxbow, Sask., hasn't played in the NHL since 2003, when he suited up for the Chicago Blackhawks. Fleury has 455 goals and 633 assists in 1,084 career NHL games. **METRO NEWS SERVICES**

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

# Swimmer looks to raise the bar

Having set 12 N.S. records, David Sharpe wants to see them broken

**MATTHEW WUEST**  
matthew.wuest@metronews.ca

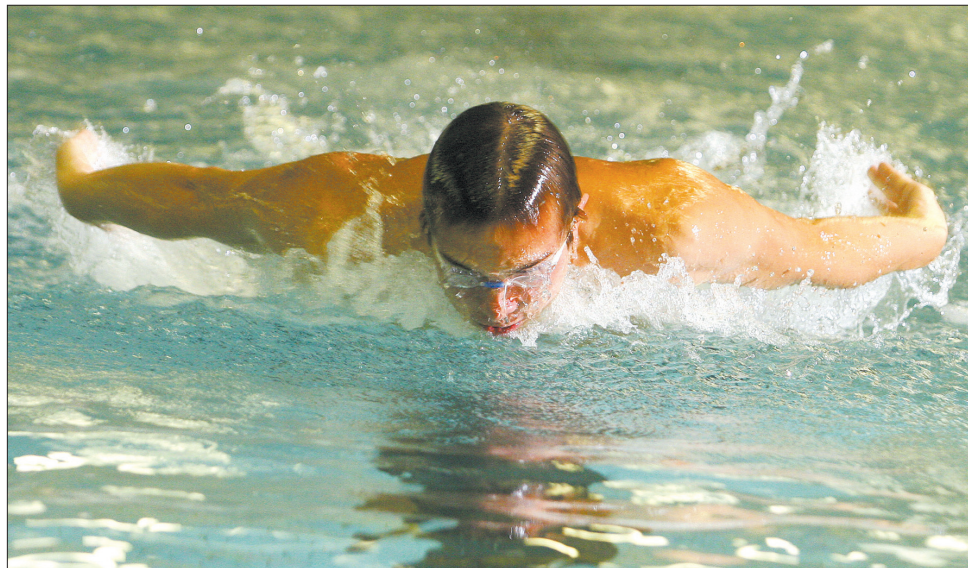
**David Sharpe has rewritten Swim Nova Scotia's record book over the past year and enjoyed every minute of it.**

And while the Halifax native is only too glad to continue etching his name in provincial swimming history, what he wants even more is to see each of his 12 records fall.

"I don't want to just be good," Sharpe says. "I want everyone in Nova Scotia to get better so we can compete with the other provinces. For us to compete with the other provinces, every one of my records needs to be broken."

Sharpe, who set records 36 times in a one-year span, leads Nova Scotia into the Canada Summer Games in Prince Edward Island starting Saturday. He's the flag-bearer for the closing ceremonies and one of the province's top medal hopefuls, coming off a silver-medal win at this year's senior nationals.

The 18-year-old is competing in seven events and is ranked No. 1 in the 100-metre backstroke and 200-metre butterfly.



Halifax swimmer David Sharpe practices at the Dalplex pool earlier this week. Sharpe will compete in the Canada Games in the butterfly and backstroke.

"I'm definitely a medal contender in those," said Sharpe, who will swim for the Dalhousie Tigers this fall. "It's not a guarantee I'm going to win but I'm certainly going for it."

When it comes to swimming's controversial suits, Sharpe says he'll be at a slight disadvantage wearing only LZR racer legging. He expects Ontario

## Ready, set, go

- Canada Summer Games
- WHERE: Sites across Prince Edward Island.
- WHEN: Saturday through Aug. 29.
- WHO: 340 Nova Scotian athletes and 4,400 participants in 18 sports.

and Alberta swimmers to have the newer, reportedly faster Jaked full-body suits.

While Sharpe doesn't hesitate to admit the LZR has helped him post faster

times, he won't be trading up for a Jaked — and he's not second-guessing his decision, either.

"It's a slower suit, but it doesn't matter," Sharpe said. "You still have to race. I could have gotten a (faster Jaked suit) but I didn't want to. The suits are going to be banned soon, so if I can win without one, I'm going to be happy."

## Temper control a work in progress for Woods

**GOLF** Tiger Woods prides himself on being able to control every aspect of his game, apart from an occasional loose tongue.

The 14-times major champion is the most visible player of his generation on television and fans have often seen him cursing or slamming clubs after hitting a poor shot.

"It is what it is," world No. 1 Woods told reporters while preparing for today's opening round of the U.S. PGA Championship at Hazeltine National.

"Unfortunately I do make mistakes and I hit bad shots and I say bad things at times. I don't mean to, it just comes out. It's not something I try and do. It just happens."

"Have I been trying to get better at that? Yeah, my entire life," said the



Tiger Woods practises for the 2009 PGA Championship at Hazeltine National Golf Club in Chaska, Minn., yesterday.

American, who won his 70th PGA Tour title at the WGC-Bridgestone Invitational on Sunday.

"But it happens from time to time and I'm not the only person that does it." **REUTERS**

## Injury lets Nadal advance

**TENNIS** Rafael Nadal's first singles match after a lengthy injury lay-off ended abruptly yesterday when the Spaniard's Davis Cup teammate David Ferrer retired hurt during their second round encounter at the Rogers Cup in Montreal.

With Nadal leading 4-3 in the opening set and

having just broken his opponent for the second time, Ferrer calmly walked over to the chair umpire and said he could not continue after aggravating a left knee injury.

Ferrer had shown no signs of distress and in fact had dominated stretches of the match. **REUTERS**

## MacDonald takes deal with Leafs in stride

**HOCKEY** Joey MacDonald knows enough about the vagaries of life as a pro to know that nothing is ever etched in stone.

MacDonald, from Bayview, Pictou Co., and a one-time Halifax Mooseheads goaltender, signed a one-year, \$650,000 US two-way contract with the Toronto Maple Leafs earlier this week. He was immediately installed as the team's No. 3 goalie — also known as the No. 1 goalie for the American Hockey League's Toronto Marlies.

But the prospect of coming into camp next month with that label, or starting in the minors, doesn't faze the lifelong Leafs fan.

"They said, 'Hey, you never know. Come training camp, hockey can be strange world,'" said MacDonald. "You never know what's going to happen."

MacDonald knows that first hand. Last year, he won the job as Rick DiPietro's backup with the New York Islanders. He figured he would get about 15 games. Instead, DiPietro got hurt, and MacDonald took over as No. 1, playing 49 games. He had 14 wins and a 3.37 goals-against average.

"Who would have known that was going to happen," said MacDonald.

"It gave me an opportunity to kind of show that I can play. Over the last few years I've been up and down, and in and out of the lineup and it was good to get an opportunity."

**TORSTAR NEWS SERVICE**

## Sports in brief

**HOCKEY** Hockey Canada is holding the first of three eastern evaluation camps for the World Junior A Challenge at Civic Arena on Aug. 23. The camp will help determine the roster for the event, which runs Nov. 1-8 in Summerside, P.E.I.

**BOXING** Sackville's Joey Laviolette won the senior bantamweight crown at the Ring Magazine International Tournament in Kansas City, Mo., last week. Laviolette is currently the national bantamweight titleholder. **METRO HALIFAX**

## Sports in brief

**SOCCER** Milan are keen to take David Beckham back on loan from Los Angeles Galaxy in January, the England midfielder's spokesman said yesterday. Beckham won back his England place during a loan stint at the Serie A club in the second half of last term.

**HOCKEY** The NHL is requesting that the judge in the

bankruptcy proceedings of the Phoenix Coyotes reject the proposed deposition of Toronto Maple Leafs owner Richard Peddie. Jim Balsillie's group, who are seeking to move the Coyotes to Hamilton, want answers about the Leafs' possible role in the blocking the relocation. **METRO NEWS SERVICE**



# Metro Homes

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

## Crate in Calgary

This fall, Crate and Barrel will open its second Canadian location, in Calgary's Southcentral mall. The Chicago-based retailer's first international store opened in Toronto in 2008. "We are thrilled to open Crate and Barrel in Calgary — a dynamic and growing market," says Barbara Tuft, CEO and president. See [Crateandbarrel.ca](http://Crateandbarrel.ca). **METRO NEWS SERVICES**

# Making it your own

Families get to personalize their homes at Governor's Brook

## SuiteTalk

**Heather Clarke**

[suitetalkhalifax@gmail.com](mailto:suitetalkhalifax@gmail.com)

When purchasing an unfinished new home, you get to put your stamp on every square inch. The tiles, the flooring, the fixtures — all chosen by you, and installed by somebody else. Sounds like a dream, right?

Selling real estate for more than 17 years, Century 21 Classic sales consultant Lynn Murray has a knack for knowing what works in a good home. Over the years, she's also become the designer for many of the model homes in her developments. Her



Kitchen cabinets help determine how the rest of the house will flow.

new project, Governor's Brook, is a perfect example of how a homebuyer gets free reign of the design. "When we match our

families up with our designs, each family gets to personalize their own home, and really make it their own," Murray said.

If you're feeling flustered by fixtures — all of the other interior decisions — Murray suggests beginning with the kitchen cabinets. They might seem like a fairly minor decision, but are actually an important piece of the puzzle.

"The style of cabinets really determines how the rest of the house will flow," Murray explained. "If you want a more formal design, I will choose more elegant cabinetry, and usually darker stain. Based on the cabinets you chose, you can move onto the flooring and go from there."

For the model home at Governor's Brook, Murray knew exactly what she wanted in a kitchen. "I wanted to bring in earthy tones — dark, rich woods — to make it very warm and inviting," she said. "The open design makes the kitchen very spacious,

so the warm colours give it a cozy, homey feeling."

The warm tones helped to make the kitchen more family-friendly, but Murray says function is even more important than colour — especially when it comes to lit-

tle the space to 'do their thing' and cook, but the kids are still able to be a part of it, and have their own working space."

Located off Herring Cove Road, Governor's Brook is a mix of single family, semi-detached and mul-

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ones.

"Families spend most of their time in the kitchen, and it brings a family together," she said. "The kitchen at Governor's Brook has a breakfast bar, so the kids can sit and help get supper ready. Mom and dad have

multiple family homes. "It's an ideal area for families with young children," said Murray, a mother with young children of her own. "Every home is unique."

Heather Clarke is a Halifax-based writer with a penchant for pretty things.

## Study and understand restrictive covenants

### LegalMatters

**Elias Mettlej**

[metronews.ca/legalmatters](http://metronews.ca/legalmatters)

When buying a property, you must study and understand the restrictive covenants that effect the land. Such covenants govern how the property can and cannot be used. Restrictive covenants are rules that create limitations or conditions for the use of a property. The provisions are typically spelled out in a deed and "run with the land," meaning they are binding on all subsequent purchasers of a property.

The restrictions are usually established by the original developer and are different for every subdivision. In theory, they develop specific standards and control neighbourhood activities to protect property values.

Defining the size and style of houses that can be built in a neighbourhood is usually the primary objective of covenants. B

Covenants may create limitations on the type of construction materials that can be used, the exterior colour of the home, and the time in which the home has to be built. Restrictions could also apply to the permitted use of a garage, the type of pets that can be kept, and to prohibit the cutting of trees.

Covenants are not always preventative and may call for specific action. For example, in some Halifax, 50 per cent of the exterior of every building must be constructed of clay brick manufactured by a specific company.

Unfortunately, there are no property police to monitor covenants. Compliance must be enforced by fellow property owners, which could require taking a neighbour to court.

Elias Mettlej is a real estate lawyer with the Halifax firm Blois Nickerson & Bryson. You can write to Elias at [askelias@yahoo.com](mailto:askelias@yahoo.com)

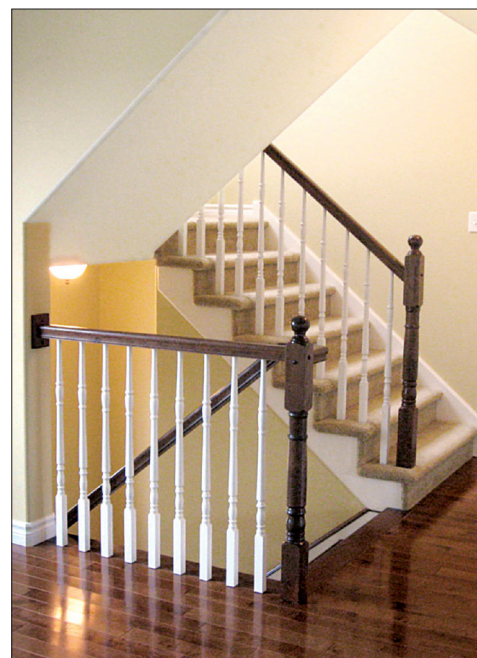


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### More details

• Homes at Governor's Brook start at 1,428 square feet. For more information on homes at Governor's Brook, please visit [www.lynnmurray.ca](http://www.lynnmurray.ca).



Governor's Brook homebuyers can choose their own finishes to make their new house unique.



## Defense has the best offence

In Defense of Food: An Eater's Manifesto by Michael Pollan remains at the top of the bestseller's list for cookbooks on Amazon.ca. Gordon Ramsay's Healthy Appetite was second and Julie and Julia: My Year of Cooking Dangerously was third. **METRO NEWS SERVICES**

## Food

Shop for plums with good colour; a full, smooth, relatively heavy feel; and a distinctively "plummy," sweet fragrance.

CANADIANLIVING.COM



No leakage, please

Avoid fruit with shrivelled skin, bruises, brown spots or any sign of leakage.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Canadian Living magazine is on sale now!

## Canadian Living recipe of the month

# Bottoms up for plum cake

But before dessert, try a whole new twist on burgers

## Pickering Burger with Warm Onions

MAKES 4 SERVINGS

## INGREDIENTS:

- 1 lb (500 g) boneless skinless pickering fillets
- 1/4 cup (50 ml) all-purpose flour
- 1 egg, beaten
- 1 green onion, chopped
- 2 tsp (10 ml) each chopped capers and lemon juice
- 1/4 tsp (1 ml) each salt and pepper
- 3 tbsp (45 ml) cornmeal
- 2 tbsp (25 ml) vegetable oil
- 4 hamburger buns

## Warm onions:

- 1 tbsp (15 ml) each vegetable oil and mustard seeds
- 1 sweet onion, sliced
- 1/4 cup (50 ml) cider vinegar
- 1 tsp (5 ml) packed brown sugar

## METHOD:

Bake pickering on foil-lined baking sheet in 350°F (180°C) oven until fish flakes easily when tested, about 15 minutes. Pat dry and let cool.

In bowl, flake fish with fork; mix in flour, egg, onion, capers, lemon juice, salt and pepper. Shape into 4 patties; refrigerate for 10 minutes. Coat patties in cornmeal.

Warm onions: Meanwhile, in skillet, heat oil over medium heat; cook mustard seeds and onion until softened, 3 minutes.



Pickering Burger with Warm Onions

Add vinegar and sugar; cook until evaporated, 5 minutes.

In clean skillet, heat oil over medium heat; fry burgers, turning once, until golden, about 6 minutes. Serve on buns along with onions.

## Plum Upside-Down Cake

Sliced plums in a butter-scorched sauce top this tender cake. Spelt flour, an ancient cereal grain, gives it a nutty hint.

MAKES 9 SERVINGS

## INGREDIENTS:

- 12 oz (375 g) large firm ripe prune or purple plums (3 to 6 plums)
- 1/2 cup (125 ml) packed brown sugar
- 3 tbsp (45 ml) butter, melted
- 2/3 cup (150 ml) butter, softened
- 1 cup (250 ml) packed brown sugar
- 3 eggs

- 1 tsp (5 ml) grated orange rind
- 1 tsp (5 ml) vanilla
- 1 1/4 cups (300 ml) all-purpose flour
- 1/2 cup (125 ml) spelt flour
- 2 tsp (10 ml) baking powder
- 1/4 tsp (1 ml) cinnamon
- Pinch each nutmeg and salt



Plum Upside-Down Cake

- 2/3 cup (150 ml) milk

## METHOD:

Halve and pit plums. Cut each into 6 wedges; set aside. In bowl, whisk sugar

## Liquid Assets

Peter Rockwell

metronews.ca/liquidassets

## Good ol' G&amp;T

discovered cocktails during my university days and worked my way through a series of mixed drink phases.

I started with martinis (too boozy), moved on to brown cows (too rich), dabbled in Caesars (still do once in a while), but lingered the longest with the good old gin and tonic.

It's been years since I had a proper G & T so it was a kick to rediscover the classic warm weather tiple this summer during a tasting of a variety of the clear juniper berry-based spirits.

Unlike vodka, the

personality of each gin is defined by how it combines juniper with its own unique mix of botanicals. One of the most original of the group I tried was Hendrick's Gin (\$41.95 - \$41.99) from Scotland.

Not only does its bottle set it apart from the pack (it looks like it would have held medicine a few centuries ago); its combination of ingredients is enhanced by the infusion of mashed cucumber

and the oil pressed from Bulgarian rose pedals.

Tasty enough to drink over ice without the tonic, the addition of the bitter, bubbly water releases some major aromatics that had me pining for a full glass and a hot, lazy afternoon.

Prices reflect the range across the country. Some products may not be available in all provinces.

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.



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Beer Can Chicken started as a fad on the barbecue circuit, but it is shaping up to become a classic. You grill the bird upright by ramming a can of beer into the cavity. The booze bubbles and steams to keep the meat juicy, while the skin, coated with spices, gets crispy. **TORSTAR NEWS SERVICES**

# Eat this, ex-boyfriends

**The Happy Baker: A Dater's Guide to Emotional Baking** is a collection of recipes — most of which are unique to Erin Bolger's rural upbringing — matched with her own personal dating stories.

Each story is accompanied by Erin's easy-to-follow favourite recipes; some passed down from family and others her own twist on originals. All are tried, tested, true. She may not have always followed her Mom's dating advice, but she did follow her Mom's baking instructions, which always had a happy ending.

The **Happy Baker: A Dater's Guide to Emotional Baking** is available in select Chapters locations (call your local bookstore to check) and online at [thehappybakerchick.com](http://thehappybakerchick.com).

If you're looking for a taste of revenge, Metro has borrowed this sumptuous (and sassy) recipe from the **Happy Baker** herself:

**You Can Kiss My Triple Decker Carrot Cake Goodbye**



Anyone who has had heartbreak will find solace in **The Happy Baker**, a cookbook that combines dating woes with delicious recipes — such as **You Can Kiss My Triple Decker Carrot Cake Goodbye**.

It isn't yours for the taking anymore.

#### INGREDIENTS:

- 2 cups all-purpose flour
- 2 tsp baking powder
- 1 ½ tsp baking soda
- 1 tsp salt
- 2 tsp cinnamon
- 2 cups sugar
- 1 ½ cups vegetable oil
- 4 eggs

- 2 cups finely grated carrots
- 1 can crushed pineapple, drained
- 1 cup walnuts, chopped
- 1 cup coconut

#### METHOD:

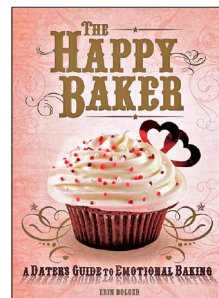
Preheat oven to 350 F (175 C) Grease and flour three 9-inch round cake pans.

In a large mixing bowl sift together flour, baking powder, baking soda, salt and cinnamon.

Add sugar, oil and eggs; mix together for 3 minutes with a hand mixer.

Stir in carrots, pineapple, chopped nuts and coconut.

Pour into prepared pans. Bake in preheated oven for



35 minutes or until centre is set.

#### Cream Cheese Icing

##### INGREDIENTS:

- ½ cup butter, softened
- 8 oz package cream cheese, softened
- 500 g icing sugar
- 1 tsp vanilla
- ¼ cup toasted coconut for decorating

##### METHOD:

Cream together the butter and cream cheese. Add the vanilla. Stir in the icing sugar.

Spread evenly on the top of the first layer of cake, add the second layer, spread evenly on that layer. Add third layer and spread icing evenly all over cake. Sprinkle with toasted coconut. Refrigerate.

## Local Savour

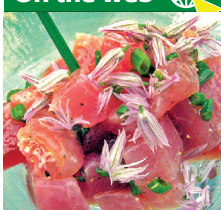
### Cheers Bar and Grill

1743 Grafton St.  
421-1655  
[cheershalifax.ca](http://cheershalifax.ca)

#### Seafood Linguini, \$16.99

Everyone might not know your name here like at the Boston bar with a similar name, but this popular downtown Halifax establishment is a great spot to grab a meal either for lunch, or before a big event at the neighbouring Halifax Metro Centre. Its recently revamped menu includes the popular Cheers Burger, a home-made beef burger with your choice of side, for \$10.99.

## On the web



### Global Peasant:


- Travel along with Diane Thompson's culinary adventures in her **Global Peasant** blog.
- Visit [metronews.ca/globalpeasant](http://metronews.ca/globalpeasant) for a recipe of Tuna Tartar.

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<div style="font-size: 1.2em; font-weight: bold; color: red;">DOUBLE BIG CRUNCH COMBO</div> <div style="font-size: 1.5em; font-weight: bold; color: red;">\$7.99</div> <div style="font-size: 0.7em; color: black;">Plus tax</div> <div style="font-size: 0.6em; color: black;">Includes 2 Big Crunch sandwiches, 1 individual fries and 1 regular soft drink.</div>	<div style="font-size: 1.2em; font-weight: bold; color: red;">TWO CAN DINE</div> <div style="font-size: 1.5em; font-weight: bold; color: red;">\$9.99</div> <div style="font-size: 0.7em; color: black;">Plus tax</div> <div style="font-size: 0.6em; color: black;">Includes 6 pcs of chicken, 2 individual fries, 2 individual salads and 2 regular soft drinks.</div>	<div style="font-size: 1.2em; font-weight: bold; color: red;">TWO CAN DINE</div> <div style="font-size: 1.5em; font-weight: bold; color: red;">\$9.99</div> <div style="font-size: 0.7em; color: black;">Plus tax</div> <div style="font-size: 0.6em; color: black;">Includes 6 pcs of chicken, 2 individual fries, 2 individual salads and 2 regular soft drinks.</div>	<div style="font-size: 1.2em; font-weight: bold; color: red;">4 PIECE DEAL</div> <div style="font-size: 1.5em; font-weight: bold; color: red;">\$5.99</div> <div style="font-size: 0.7em; color: black;">Plus tax</div> <div style="font-size: 0.6em; color: black;">Includes 4 pcs of chicken, individual fries, individual salad and regular soft drink.</div>
			

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# Style

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

**ELLE Canada's fall fashion special!**  
The top looks, how to wear them,  
and where to buy them!



## THE SUIT

Modern power dressing



SLIM

Polyester and rayon blazer and skirt, Fullcircle (\$195 and \$125, 1-866-240-2808)



BOYISH



Stretch-wool blazer and pants (\$240 and \$124, at Banana Republic)

PETITE



Polyester and viscose blazer and skirt, RW&CO. (\$88 and \$48, [rw-co.com](http://rw-co.com))

STUDIO ANDRÉ JOYON

**ADVICE** Choose a tailored, single- or double-breasted style in matte or shiny menswear fabrics, such as flannel, tweed or wool. The silhouette should be a classic cut with a sharp, defined shoulder.

**HOW TO WEAR IT** Reinventing the suit just got easy: Slip on a classic turtleneck and top it off with a luxe fur wrap. Sexy ankle boots finish the look.

Editors' Pick



(\$160, at Swarovski Gallery locations)

## FEMME FATALE LOOK

**A THOUSAND CUTS** Literal? Sure. But Swarovski's Heroe Pendant Sword makes your intentions clear.

## DRY CLEANING

"Dry shampoo is a great way to prolong a blow-dry," says Beni Sicilia, artistic director at The Blowdry Lounge in Toronto, "but it won't work miracles. You can't go to hot yoga and then use dry shampoo and expect it to work." Sicilia suggests applying it a day after your blowout, or when the hair starts to stick together at the roots.



Ojon Rub-Out Dry Cleansing Powder (\$27)

## Family drama

Emily VanCamp braces herself for another round with the Walkers

By NOREEN FLANAGAN  
Executive Editor

Even Emily VanCamp has trouble keeping up with the various dramas unfolding in the famously flawed Walker family on the popular ABC drama *Brothers and Sisters*. The 23-year-old actress from Port Perry, Ont., plays Rebecca, a young woman who was initially thought to be the love child of William Walker and his secret mistress. Shortly after DNA disproved that, she fell in love with Justin — a man she thought was her half-brother. By the close of the third season, the two were engaged. Phew!

"Rebecca has a history of acting out and being very extreme," says VanCamp. "By the end of last season, she had calmed down a bit,



but we'll see a shift. There's a big twist to the story, but I'm not allowed to say what it is!" Although she has lived and breathed her character for the past few years, VanCamp says that she's nothing like Rebecca. "You

can't let your characters bleed into your own life," she says laughing. "That said, I think that the one character closest to me was Amy on *Everwood*. I was very connected to her emotionally."

## SUZY SAYS

Poor career and personal choices landed Suzy Welch, the author of *10-10-10*, in a situation where, at 41, the divorced mother of four found herself on the firing line when her boss at the Harvard Business Review told her "You. Will. Never. Work. Again." During a disastrous business trip, Welch developed a decision-making tool she calls "10-10-10." "It's deceptively simple," she says.

"Simply dreaming about the future can lead you into a black hole." Her formula is this: For any decision, ask yourself what the outcome of your choice would be in the next 10 minutes, the next 10 months and the next 10 years.



To read these stories and more, visit: [ellecanada.com](http://ellecanada.com)

## Kenya's Style

Kenya Hunt

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Amy Winehouse's life could be turned into a musical. The troubled singer's brother Alex Winehouse believes a stage production focusing on their battle with drink, drugs and her failed marriage to Blake Fielder-Civil is a serious possibility. [FEMALEFIRST.CO.UK](http://FEMALEFIRST.CO.UK)

# Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

## Mangan makes nice

### Dan Mangan

**Album:** Nice, Nice, Very Nice  
**Label:** File Under: Music  
**Rating:** ●●●●●

#### VANCOUVER'S

**DAN MANGAN** has quietly been building a name for himself since releasing his debut in 2007, but expect the chatter to increase in volume with this new release. If you like The Weakerthans or early Hawksley Workman you'll love this record. It's all well crafted singer-songwriter stuff with impressive range. Mangan is able to move from the incredibly infectious sing-a-long Robots to the sensitive John K. Samson-ish The In-



die Queens are Waiting with ease. If anything, he sounds a little too much like some of his influences, but with such strong material no one will care.

Bryan Borzykowski/for Metro Canada

### Mindy Smith

**Album:** Stupid Love  
**Label:** Vanguard  
**Rating:** ●●●●●

**MINDY SMITH** is a Long Island, N.Y., singer-songwriter who a few years back looked ready to become the next "alt-country" queen with her well-received cover of Dolly Parton's Jolene. On her new CD, Mindy dodges the



### MusicReviews

music@metronews.ca

"roots" bullet by moving her music into — excuse the terminology — the upscale environs of "adult-alternative." To Canadians, that means a sound uncannily like our own Kathleen Edwards, which is a very good thing indeed. Ironically, it was Edwards who, not too many years ago, was unfairly being touted as the next alt-country queen, a Canadian version of Lucinda Williams. It's nice that the Americans have finally come up with someone who can be compared with Kathleen Edwards. But great songwriting is what it is, defying categorization and deserving an audience.

Graham Rockingham/for Metro Canada

### Black Mold

**Album:** Snow Blindness  
**is** Crystal Antz  
**Label:** Flemish Eye  
**Rating:** ●●●●●

#### IT'S RARE

THAT an artist is as celebrated as much for his passionate folk tunes as he is for his ambient musical soundscapes, but that's what's happened to Calgary's Chad VanGalen. His last album leaned more towards the former than the latter, so it's not surprising that he's released an entire album of weird, quirky sounds with nary a vocal melody around. Playing under the name Black Mold, Van-



### Striptease

Channing Tatum used to be a stripper. A sexy video of the then-18-year-old G.I. Joe: Rise of the Cobra star performing a striptease in a Florida nightclub has been leaked online. [FEMALEFIRST.CO.UK](http://FEMALEFIRST.CO.UK)



Vancouver singer-songwriter Dan Mangan displays impressive range on his sophomore album Nice, Nice, Very Nice.

Galen delivers a strong set of Nintendo-like bleeps, sweeping keyboards and spacey electro sounds. Like his previous instrumental work, this is nearly as catchy and

melodic as his more straightforward tunes.

Bryan Borzykowski/for Metro Canada

Listen to this week's reviewed music at [metronews.ca/music](http://metronews.ca/music)

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- Stereos - Summer Girl
- Taylor Swift - You Belong With Me
- Cobra Starship - Good Girls Go Bad
- 3OH!3 - Starstruck
- Lola - High Heels
- Black Eyed Peas - I Gotta Feeling
- Justin Bieber - One Time

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HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
8/13/09	31	31	31	ABC	News Center 5	ABC Mid News	Inside Edition	Chronicle	Who Wants to Be a Millionaire	Grey's Anatomy		Practice
	7	7	7	ASN	The Road to Avonlea	Instant Star	Instant Star	TMZ (N)	Greek "Spring Break"	Grey's Anatomy		Practice
	11	11	11	CBC	Coronation St.	Jeopardy!	India Reborn (HDTV)			CBC News: The National		The Hour
	2	2	2	CBC-F	Dre Grey, leçons d'anatomie	Des squelettes	Gars file	Perdus "The Incident" (SC)		Bons baisers de France (SC)		Le Téléjournal
	32	32	32	CBS	WBZ News (N)	Evening News	Patriots Game	NFL Preseason	Football New England Patriots at Philadelphia Eagles (Live)			
	69	69	69	CFTM	TVA 18 heures	Sûr-salé	Dépenses xtr	Marché	Dr. House (HDTV) (SC)	Mollie "Mollywood" (SC)		TVA 22 heures
	6	6	6	CHIF	Entertainment	ET Canada	House "The Right Stuff"		Big Brother 11 (Live)	The Office		News Final (N)
	9	9	9	CJCH	etalk	Hollywood	The Listener (N)	(DVS)	CSI: NY "Bad Beat"	CSI: Crime Scene Invstgn.		News
	10	10	10	ELTV	(6) EastLink Television				Podium TV	EastLink Television		
	36	36	36	FOX	Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	Bones (HDTV PA)	House "Last Resort"		Fox First
news	12	12	12	NBC	News (N)	NBC News	Hollywood	Extra (N)	30 Rock	Parks-Recreat		Law & Order
	29	29	29	NW	World News	Business	CBC News	Marketplace	The Hour	CBC News: The National		Nature-Things
	4	4	4	PBS-B	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	Motown - The Definitive Performances (My Music)	Point de rupture (2007, Suspense) Kathryn Winnick.	Porte-étouilles		Hot Dog Prgm
	35	35	35	PBS-D	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	Motown - The Definitive Performances (My Music)	Point de rupture (2007, Suspense) Kathryn Winnick.	Porte-étouilles		Hot Dog Prgm
	68	68	68	TQS	Farceurs	Chemin du golf	Grande fille	Un monde bête	Point de rupture (2007, Suspense) Kathryn Winnick.	Porte-étouilles		Hot Dog Prgm
	23	23	23	BNN	Business News	Headline	Market Call	Commodities	GetConnected "Business News	Taking Stock		Market Call
	18	18	18	CNN	Situation Room-Wolf Blitz	Lou Dobbs Tonight			Campbell Brown	Generation Islam (N)		
	54	54	54	GOLF	Caddyshack ** (1980, Comedy) Chevy Chase, Bill Murray.				Live From the PGA Championship (Live)	PGA Champ.		
	52	52	52	RSE	Sportsnet Connected	MMA Conn	NFL Preseason	Football New England Patriots at Philadelphia Eagles (HDTV) (Live)				
	55	55	55	SCOR	(6) HSR	Poker			When It Was a Game II	Poker Asian Pacific Tour.		Score Tonight
sports	45	45	45	SPD	Unique Whips	Pimp My Ride	Pass Time		Pinks - All Out (HDTV) (N)	Jacked! (N)	Jacked! (N)	Wrecked (N)
	53	53	53	TSN	(3) Golf PGA Championship - First Round.				SportsCentre CFL Pregame	CFL Football: Stampede at Eskimos		
	43	43	43	FAM	Zoe 101	Life Derek	Wizards-Place	Han, Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek
	44	44	44	TOON	Ben 10	Johnny Test	Jimmy Two	Total Drama	6TEEN	Futurama	Akira (1988, Science Fiction)	Ned's School
	26	26	26	TREE	Wonder Pets	Big & Small	Backyardigans	Night Grdn	Max & Ruby	Franklin	Little Bear	Maggie-Beast
	27	27	27	YTV	iCarly	Drake & Josh	Family Biz		Malcolm-Mid.	Futurama	In Real Life	Falcon Beach
	16	16	16	A&E	Cold Case Files	CSI: Miami (HDTV)			The First 48 "Blindsided"	The First 48 (HDTV)		Crime 360 (N)
	70	70	70	APTN	APTN National News (N)	Warriors: TKO	Wapos Bay		By the Rapids "renegadeexpress	The Fugitive *** (1993, Suspense)		
	50	50	50	BET	106 & Park: BET's Top 10 Live				Boyz n the Hood *** (1991, Drama)	Larry Fishburne.		Tiny & Toya
	37	37	37	BRVO	Wind at My Back	Storytellers	Camera		The Apprenticeship of Duddy Kravitz *** (1974, Comedy-Drama)			
family	25	25	25	CMT	Totally	Taylor Swift: One on One			Home Improve.	Home Improve.	Reba	Hope & Faith
	49	49	49	COM	Laughs	Comedy Now	Air Force	22 Minutes	22 Minutes	Comer Gas	Aggro	Comedy Now
	153	153	153	COURT	Truth, Duty, Valour	World's Wildest Police Videos	Blue Realm "Shark Divers" (N)		Cops Uncut	Dumb Criminal		Police Videos
	38	38	38	DISC	How it's Made	How it's Made	Blue Realm "Shark Divers" (N)		Mighty Ships	Somali Pirate Take-down		MythBusters
	34	34	34	HGTV	Holmes on Homes	House Hunters	Property Virgin		Handyman Superstar	Big Amazing	House Hunters	
	46	46	46	HIST	Unlocking the Past	NCIS "Bury Your Dead"			Ancient Discoveries	Unlocking the Past		NCIS
	17	17	17	MM	America's Best Dance Crew	One Tree Hill			Instant Star	America's Best Dance Crew		
	19	19	19	MMM	mmtop10.ca	The Daily Fix			Ranked!			Entourage
	201	201	201	M1	December	[7:45] First Sunday ** (2008, Comedy) Ice Cube.			Nurse Jackie	The Express *** (2008, Biography)		
	48	48	48	OLN	Mantracker	Ghost Hunters	Family Guy	Family Guy	Bounty Hunter	Bounty Hunter	Survivorman	Ghost Hunters
cable variety	51	51	51	PEACH	Seinfeld	Friends	Family Guy	Family Guy	Friends	Friends	Friends	Whole 10 Yds
	206	206	206	PIX	(6:15) Angel Eyes	(8:15) Denver & Rio Grande ** (1992, Western)			Starship Troopers (1997, Science Fiction)			
	67	67	67	RDI	RDI en direct	RDI en direct	24 Hours en 60 minutes		Grands reportages (SC)	Love-Death	Love-Death	Criminal Intent (2005, Suspense)
	39	39	39	SHOW	Trailer Park	Trailer Park	The Outer Limits		Love-Death	Love-Death	Last 10	Bulging Brides
	40	40	40	SLICE	Chic Couples	Skin Deep	Skin Deep	Til Debt-Part	Last 10	Last 10		
	47	47	47	SPACE	Stargate SG-1 (DVS)	The Listener (N)	(DVS)		Star Trek: Voyager	Star Trek: Voyager		
	14	14	14	SPIKE	CSI: Crime Scene Invstgn.	CSI: Crime Scene Invstgn.			UFC Unleashed	TNA IMPACT! (HDTV) (N)		
	57	57	57	STAR	etalk	Hollywood	The Ellen DeGeneres Show		TMZ (N)	etalk		Tonight Show
	21	21	21	TLC	What Not to Wear	LA Ink (HDTV)			Lottery Changed My Life	Police Women of Broward	LA Ink	
	34	34	34	TROP	Office Temps	Traders			Inside Hollywood	Deal or No Deal Canada	Family Guy	
cable variety	20	20	20	TV5	Que-champion	Journal de Fr2	Comme chez	Hep! Taxi	Cable social			
	28	28	28	V	Ekhaya - A Family Chronicle	Murder, She Wrote			Wait for God	'Allo, 'Allo!		
	60	60	60	VRV	Da Vinci's Inquest	Judging Amy			Most Haunted Spillbank Fort.			
	22	22	22	W	Style by Jory	Style by Jory	Friends		Divine Design	House		Passion
	251	251	251	WGN	Be-Millionaire	Evening News	Two/Half Men	Family Guy	Supernatural (HDTV)	Supernatural (HDTV)		WGN News

### critics' corner

#### The Express

Inspirational as many true sports dramas are, the story of Heisman Trophy winner Ernie Davis — who became the spark for Syracuse University's football team under coach Ben Schwartzwalder — boasts fine performances by Rob Brown and Dennis Quaid in the respective roles. Davis had a tragic fate at a young age, but his prowess on the playing field is re-created well by Brown and director Gary Fleder. 10 PM on M1



#### Parks and Recreation

Talking to the media does get easier with practice. Leslie (Amy Poehler) invites a reporter to do a story on the park project, but the interview doesn't go well — and it gets worse when she calls in Mark (Paul Schneider) to help. Tom (Aziz Ansari) attempts to score some points with his boss (Nick Offerman). Rashida Jones also stars in "The Reporter." 9:30 PM on NBC

#### Akira 30 Rock

Workaholic Liz must find a way to occupy her time during a short-term suspension from work. Jack asks Jenna to use her star power to create promotional buzz when the film studio has second thoughts about releasing her Janis Joplin biopic in "Jackie Jormp-Jomp." 10:31 PM on NBC



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WITTNAUER  
SWISS





Paula Abdul hasn't completely closed the door on returning to American Idol. The former judge reportedly will return to the show if producers agree to pay her \$10 million US a season, according to TMZ. **METRO WORLD NEWS**

## Celebrity Buzz

### Spears kids have potty mouths?

**SOAP NEEDED** Britney Spears' sons shocked onlookers by swearing in public, femalefirst.co.uk reports.

The singer took three-year-old Sean Preston and Jayden James, two, to a swag suite — where invited guests are invited to select a variety of goods for free — for the Teen Choice Awards in Los Angeles last weekend when the boys repeatedly shouted "oh s—!"

One onlooker told the New York Daily News newspaper: "We were all surprised by their potty

mouths, but it was actually pretty funny."

Although their bad language attracted the attention of those around them, Spears didn't appear to notice her sons were using offensive words. The onlooker added: "She was too busy picking out freebies to chastise the boys for misbehaving."

Spears, 27, has previously spoken about

her children cursing, claiming they picked up the foul phrases from their father, her ex-husband Kevin Federline.

She said: "The boys are starting to learn words like 'stupid,' and Preston says the F-word now sometimes. He doesn't get it from us. He must get it from his daddy. I say it, but not around my kids."

**METRO NEWS SERVICES**



### Brangelina spill sexy secret

**TOO MUCH INFORMATION** Last week Brad Pitt sent tongues wagging when he told Parade that the secret stone grotto behind the waterfall in his pool is "a great place for sex." Now, his partner Angelina Jolie says that's not their only secret hideaway, us-magazine.com reports.

"Yeah, well, we got a few special places," she told Extra on the red carpet at Pitt's *Inglourious Basterds* premiere in Hollywood. "You keep it going."

Added Pitt, "It's not true. We have far more comfortable places to

go. There is a grotto there. It's an old Hollywood property... just a few minutes that way... and rumour is Jimi Hendrix spent some time there. That's the story. I run with it."

But Pitt did cop to

saying he wouldn't wed Jolie until all couples were allowed to marry legally.

"I did say that," he said. "So now I'm stuck with it." He also said he and Jolie

"rarely, rarely" fight. "We both have been around long enough and have been in enough relationships to know what we want out of it to know when we're wasting time," he said.

**METRO NEWS SERVICES**



### Sienna finally lands single man

**ON THE RIGHT TRACK** Sienna Miller has reportedly found a new man, a DJ named George Barker, according to the Mirror.

The pair attended a private party last week and are said to be planning a vacation together.

"Sienna and George is still a pretty casual, low-rent thing but they're both really happy," a source told the newspaper. "He's also single, which is a massive coup."

**METRO WORLD NEWS**



### All my success could go: Ashton

**KEEPING IT REAL** Ashton Kutcher has enjoyed tremendous success, but he's still worried he could lose it all at any moment.

"You never know what happens in this business. What we do for a living is nonsense. It's entertainment," the actor tells the New York Post. "I still haven't bought myself anything special with my earnings. I can't even think what I've treated myself to. Actually, I haven't spent anything. I've kept it all."

**METRO WORLD NEWS**



### Stars gather to mourn John Hughes

**REMEMBERING A GREAT** Actors Vince Vaughn, Matthew Broderick and Ben Stein were among the family and friends who attended a private funeral Tuesday in a Chicago suburb for the late director John Hughes, us-magazine.com reports.

Stein, who famously played Ferris Bueller's teacher in the '80s classic comedy, was one of

the speakers at the service. He said it was "very touching" and that there was "a lot of crying."

"We'll never see him like again," Stein told reporters after the service. "He was the

Wordsworth of the suburban

America post-war generation. He was a great, great, great genius and as much of a friend and a great family man as he was a poet."

After the service, mourners gathered in a procession to a Lake Forest cemetery, where Hughes was to be laid to rest.

Hughes, known for such teen classics as *Sixteen Candles* and *The Breakfast Club*, died of a heart attack Aug. 6. He was 59.

Molly Ringwald, who became a star after appearing in *Sixteen Candles* in 1984, said she "was stunned and incredibly sad to hear about the death of John Hughes."

"He will be missed — by me and by everyone that he has touched," she added in a statement shortly after his death. "My heart and all my thoughts are with his family now." **METRO NEWS SERVICES**



### For sale: One baby

**THE SURREAL** While Joel Madden eagerly awaits the birth of his second child with Nicole Richie, some people obviously think he could do with a third. The Good Charlotte frontman recounted on Twitter about being offered a baby while stopped at a red light in his car. "Today

some people in traffic tried to sell me a baby. A live human baby. I didn't know what to say," he wrote. "It all happened so fast. I was trying to figure out if they were serious, and I think when my reaction was not a good one. They just took off."

**METRO WORLD NEWS**



### More Brad and Renée sightings in Barcelona

**PLAIN TO SEE** Renée Zellweger and Bradley Cooper don't seem to be doing a very good job of hiding their budding romance while on vacation in Barcelona.

Photographers caught the pair strolling through their hotel lobby, where Cooper placed a reassuring

hand on Zellweger's behind, according to the Daily Mail. She responded by placing a hand into Cooper's back pocket.

They were later spotted embracing intimately while visiting a church.

**METRO WORLD NEWS**



GIFT IMAGES

### Kate wants A-Rod's baby?

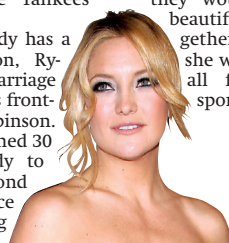
**RUSHING THINGS?** Kate Hudson is reportedly so happy with Alex Rodriguez that she even wants to have a child with the Yankees slugger.

Hudson already has a five-year-old son, Ryder, from her marriage to Black Crowes frontman Chris Robinson.

"Kate just turned 30 and she's ready to have her second child," a source said, according

to Hollyscoop. "She wants Ryder to have a sibling, so she brought up the idea to Alex and told him that they would make a beautiful baby together, and that she would assume all financial responsibility."

**METRO WORLD NEWS**



### Paris and Doug make up

**IT'S BACK ON** Doug Reinhardt knows just what to do to get back in Paris Hilton's good graces: Rent a private island in Fiji.

"Love Wadigi Island, had the most incredible stay," Hilton posted on Twitter after returning from a visit with Reinhardt. "It is true paradise, so beautiful and pri-

vate. It's the perfect place to vacation."

And friends say Reinhardt's attempt to rekindle things with his ex is working great. "She loves being treated like a princess so she can feel how deeply in love he is with her, and she's having a blast," a source told the Sun.

**METRO WORLD NEWS**



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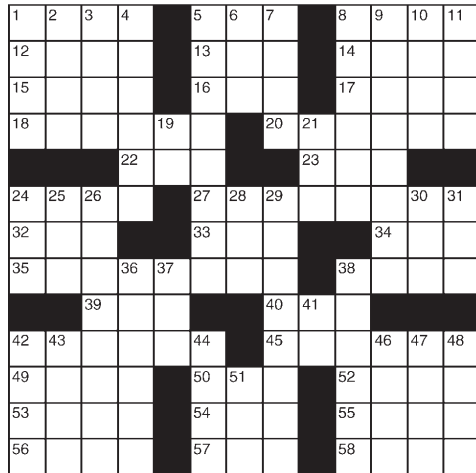
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ACROSS

- 1 Bridge coup
- 5 — de deux
- 8 Grand tale
- 12 Caffeine-rich nut
- 13 Every crumb
- 14 Doily feature
- 15 On the rocks
- 16 Actor Stephen
- 17 Press
- 18 Everest guide
- 20 Empty
- 22 Have something wrong
- 23 Accomplished
- 24 Satan's minions
- 27 Kiss reminder
- 32 Earl Grey, e.g.
- 33 Actress Mendes
- 34 That woman
- 35 Baby carriage
- 38 Check
- 39 Honest politician?
- 40 Mimic
- 42 Kidnapper's demand
- 45 "You Can't — Again"
- 49 Clarinet's

- cousin
- 50 Flightless bird
- 52 Mideast airline
- 53 Mainlanders' mementos
- 54 Vast expanse
- 55 Ostentatious display
- 56 Stats for 52-Across
- 57 Whatever number
- 58 Carry

DOWN

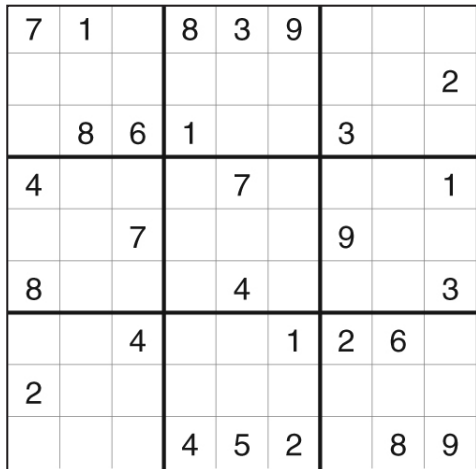
- 1 Vail gear
- 2 Ness, e.g.
- 3 Sheltered
- 4 Curtain fabric
- 5 Lines that fail to meet
- 6 Hearty brew
- 7 Balkan native
- 8 Bring out
- 9 Eden
- 10 PC picture
- 11 Small change
- 19 Circumference divided by diameter
- 21 Billboards
- 24 "Monty

- Python" opener
- 25 Citi Field play-
- 26 Excessive suspiciousness
- 28 "— Got a Secret"
- 29 Brazil neighbour
- 30 Greek X
- 31 Understanding
- 36 Haunt
- 37 Writer Buscaglia
- 38 Prepare leftovers
- 41 One of the Teletubbies
- 42 Portrayal
- 43 Lend an illegal hand
- 44 Small plateau
- 46 Hodgepodge
- 47 Shoppers' site
- 48 Differently
- 51 Chaps

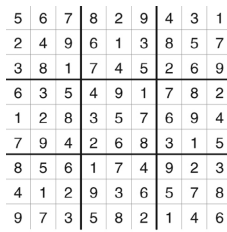
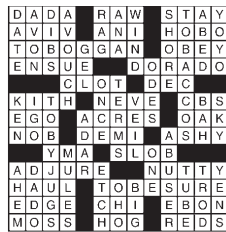
Sudoku

For more/less challenging Sudoku puzzles, visit [metronews.ca](http://metronews.ca)

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



On the web

For more games and 60 additional daily cartoon strips, visit [metronews.ca](http://metronews.ca)



Metro Recipe of the Day



Smoked Salmon, Mascarpone and Leek Pizza

Submitted by Jennifer Rigby, St. Catharines, Ont.

INGREDIENTS:

- Fresh pizza dough (I buy mine at an Italian market, or make it yourself)
- 1 large leek, washed and green portions chopped
- 2 tbsp olive oil
- 175 g mascarpone cheese (use about 3/4 of container)
- 150 g package of frozen sliced wild smoked salmon, thawed
- Salt and pepper

METHOD:

Using 1 tbsp oil, sauté leeks in frying pan until soft. Set aside. Roll out dough onto pizza pan. Using remaining oil, coat surface of dough. Cover dough with sautéed leeks. Then place smoked salmon on top of leeks. I like to slightly overlap the triangular pieces of salmon so it looks like a pinwheel. In the areas not covered by the salmon, us-

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ing a tablespoon, add toonie-sized dollops of mascarpone cheese. Season with salt and pepper. Bake at 350 F until crust is cooked and cheese is melted. Enjoy with a green salad and a glass of white wine.

SERVES 4

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For Sally's expanded daily and weekend horoscopes, visit [metronews.ca](http://metronews.ca)

**ARIES**  
MARCH 21-APRIL 20  
Bring a half-hidden problem into the open where it can be discussed and dealt with. Today's cosmic set-up suggests all will be happy with the result.

**TAURUS**  
APRIL 21-MAY 21  
A page has been turned but you're not at the end of the story. What happens today and tomorrow will encourage you to keep on reading — and loving.

**LIBRA**  
SEPT 23-OCT 23  
You'll have plenty to say for yourself today and, being such a smooth-talker, you will say it in a way that leaves no doubt as to what you mean.

**SCORPIO**  
OCT 24-NOV 22  
You need to get to grips with a situation that has drifted on for weeks, months, maybe years. Likely it will mean having to make an unpopular decision.

**GEMINI**  
MAY 22-JUNE 21  
An obstacle will appear in your path today and your first reaction will be to smash through it. That's the right thing to do. This is no time to be subtle.

**SAGITTARIUS**  
NOV 23-DEC 21  
Today you'll have courage to make difficult decisions and take the kind of risks even a Sagittarius would usually seek to avoid. But don't overdo it.

**CANCER**  
JUNE 22-JULY 22  
If you let your suspicions get the better of you today you could miss out on an enjoyable activity. The planets indicate there's no need to be defensive.

**CAPRICORN**  
DEC 22-JAN 20  
If your current environment doesn't feel right then by all means get up and go some place else. There's no law that says you have to stay.

**LEO**  
JULY 23-AUG 23  
It doesn't matter that you fought with certain folks in the past. All that matters is you're on the same side now — and if you're not, you should be.

**AQUARIUS**  
JAN 21-FEB 18  
Mars and Jupiter, the planets that get things done, cut across the most dynamic angles of your chart today. Aim to start your day early and finish it late.

**VIRGO**  
AUG 24-SEPT 22  
You may think you know what is good for others, but they must learn from their own mistakes. When others tried to tell you how to live, did you listen?

**PISCES**  
FEB 19-MARCH 20  
Sometimes you lose direction and forget what all your efforts are for. Today, though, your aims are crystal clear. Keep that clarity as long as you can.

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**WORDY GURDY**

BY TRUCKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

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1. Golfer Trevino's golf pegs (1)
2. Wacko's gimme-length golf shots (1)
3. Golf course units' flagsticks (1)
4. College head's rolled golf areas (1)
5. Chap's number of golf shots taken (1)
6. Pool jackknife performer's 1 woods (2)
7. Golf sand traps' old jalopies (2)

ANSWERS: 1. LIES/TIES 2. NOTS/PUTS 3. HOTES/POLES 4. DEANS/GREENS 5. BLORES/STROKS 6. DIENRS/DIENRS 7. BURNERS/CLUNKERS 8. LIX-LOX

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